NEWSLETTER

WebParenTip, Volume 10, # 11 for November 4, 2009

GIVE THANKS

On November 26 my readers in the US will celebrate Thanksgiving. A time to give thanks.

Most of will use the day for feasting, family, and friends. Nothing wrong with that.

But this Thanksgiving will be a difficult one for many Americans. The economic situation has left many jobless and nearly everybody worried, the war has gone on longer than World War II, the polarization of our citizens has turned Town Halls to discuss health care into media circuses, public education is woefully underfunded. I could go on. You can make your own worry list although you probably have already done so.

All of us should go back to the original meaning of the word and day: a day to GIVE THANKS. Before the last Thursday in November I plan to write down what I am thankful for. Do the same.
Ask your children to list what they are thankful for. Make a family list of What We Are ALL Thankful For.

I have had bad things happen to me in the past two years. I give myself time to grieve as I know doing so is important for my mental and physical health. But now I plan to especially concentrate on the list of what I am thankful for.

Why write a list down? Writing helps us focus, concentrate, and think. Teach your children the importance of writing things down. The best way is to show them that you write things down and tell them why. Help them with their first efforts. Ask pre-writers to tell you what to write down for them.

I wish all my readers a Happy Thanskgiving!